**Patient Name: Kevin Brown - Hypertension**

**Overview:**  
Kevin Brown is a 58-year-old civil engineer. He is a male, born on May 30, 1965, living at 789 Riverside Drive, Bridgeport, BP, 12345. He can be contacted at (555) 456-7890. Kevin has been diagnosed with hypertension, also known as high blood pressure, a common condition where the long-term force of the blood against artery walls is high enough that it may eventually cause health problems, such as heart disease.

**Medical History:**

* **Past Medical History:** No significant health issues until diagnosed with hypertension.
* **Surgical History:** None.
* **Family Medical History:** Father with hypertension, mother with type 2 diabetes.
* **Allergies:** N/A.
* **Medications:** Lisinopril (ACE inhibitor) to manage blood pressure.
* **Lifestyle:** Moderate physical activity, trying to reduce sodium intake, non-smoker, occasional alcohol consumption.

**Previous Doctors:**  
Dr. Natalie Wu, his primary care physician, who during a routine health screening identified elevated blood pressure levels and initiated further assessment. Dr. Wu continues to monitor Kevin’s condition and adjust his treatment as necessary.

**Kevin Brown - Symptoms:**  
Kevin was asymptomatic, which is common in hypertension. His condition was discovered during a routine health screening.

**Diagnosis:**  
Hypertension diagnosed through multiple blood pressure readings showing consistently high values over several visits.

**Treatment:**  
Kevin has been prescribed Lisinopril, an ACE inhibitor, to help manage his blood pressure. Dr. Wu has also recommended lifestyle changes, including increasing physical activity, reducing salt intake, and maintaining a healthy weight. Kevin is scheduled for regular follow-up appointments to monitor his blood pressure and adjust his treatment plan as needed.